

MDA NEWS

Jan-Mar 2020

LEADING MDA DURING A PANDEMIC

Dr Leong Kei Joe

on holistic dentistry and more

MDA Eastern Zone Community Social
Responsibility Forum - Passion: Pass It On

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CALL FOR PAPERS



MDJ The Malaysian Dental Journal

practice through knowledge
A publication of the Malaysian Dental Association

The Malaysian Dental Journal

MDJ

We are pleased to invite submissions for the Malaysian Dental Journal (MDJ). Malaysian Dental Journal (MDJ), is the flagship peer-reviewed publication of the Malaysian Dental Association (MDA). This bi-annual publication offers coverage of clinical, practical and scientific issues in dentistry.

We accept the followings for publication.

Research papers

Review papers

Case reports

Letters to the editor

We look forward to receiving your submissions.

Further information about MDJ, including submission's guideline, is available at the journal's website

<http://mda.org.my/mdj>

For all enquiries, please contact the editorial board

email: mdjeditor@outlook.com



Message

from the Honorary Publication Secretary

Hello everybody! How has the new year been?

For me, the new year kickstarted with a lot of travelling. I spent 16 days in India for an outbound global mobility exchange program, sponsored by my employer, the Universiti Teknologi MARA. I visited a few dental schools in Karnataka, namely the Coorg Institute of Dental Sciences and AB Shetty Memorial Institute of Dental Sciences, where I attended conferences, as well as conducted some teaching and learning activities including lectures and demonstrations. It was a rewarding experience for me, to be able to learn about oral health services and dental education in India. In addition, it was an opportunity for me to establish collaborations in research and develop future plans for training and postgraduate education in my area of speciality.

During my visit in India, I also got to visit a few special education schools and rehabilitation centres, such as the Swastha Center for Special Education and Rehabilitation, and Sahaya Cheshire Homes India Coorg. I must say that the visits were the highlights of my trip, where I got to observe how well-structured the special education and welfare systems are in India. Indeed, my trip to India was certainly a memorable part of my life, as I got to meet friendly people, experience wonderful hospitality, and of course enjoy delicious delicacies!

As I wave goodbye to India, my life continues as usual. I would like to thank MDA for allowing me the opportunity to be featured in Malaysia Hari Ini on TV3, to speak about the World Oral Health Day celebration alongside Dr Salleh Zakaria from the Ministry of Health. I would also like to share my concern for the COVID-19 pandemic. I hope we will come out of this crisis soon, and I wish everyone the best of health, and please stay safe!

Till we meet again,
Associate Professor Dr Mas Suryalis Ahmad
Honorary Publication Secretary & MDA News Editor-in-Chief
Malaysian Dental Association 2019/2021

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Dear beloved members and colleagues,

Happy belated and blessed New Year 2020. Indeed, my dear beloved members, we entered into the New Year 2020 with a huge challenge ahead. The concern of COVID-19, formerly known as 2019 – nCoV, outbreak outside our country has now entered into our country. The concern of the escalating cases of COVID-19 has hit our nation hard and affected many aspects/sectors in our country, in our daily lives, in our daily practices with many our dental practitioners facing an acute shortage of surgical face masks. Though we were able to pull off our annual scientific meeting at the beginning of the year, the 27th MDA Scientific Convention and Trade Exhibition 2020 at the Kuala Lumpur Convention Centre, 14 – 16 February 2020, we had to see some lectures and masterclass via teleconferencing and even one workshop was shortened due to travelling constraint by the speakers. We also faced issues where some of our international delegates needed to cancel their trip to this event because of travel restrictions. Stringent actions were taken to ensure the safety of our delegates, trade exhibitors and visitors to this event. Nevertheless, albeit all of these, the whole scientific event went well and uneventful. I wish to thank the organising committee, led by Dr Lim Chiew Wooi, our President Elect of MDA, all our sponsors, trade exhibitors, delegates and visitors for your support and understanding.

MDA is also saddened by a difficult decision made to cancel the national launching of the World Oral Health Day 2020 celebration, initially planned for 20 March 2020, as we are called to adhere to the restrictions of mass gathering imposed by our authorities following the rising concern of COVID-19 outbreak. MDA strongly believes

that everyone has to play their part in curbing the spread of this virus outbreak. This restriction of mass gathering also gave a direct blow to MDA Eastern Zone with the 10th Borneo Dental Congress and Trade Exhibition 2020, initially planned to be held from 27 – 29 March 2020 at Kuching, being postponed to 2021. It was expected to be a big event as it was planned to commemorate the 10th Anniversary of the formation of MDA Eastern Zone.

MDA has also been alerted on the current trend of DIRECT TO CONSUMERS or DO - IT - YOURSELF Dental Treatment, notably self aligners that could be ordered online by the general public. MDA urges all members to take note of the cautionary

Message from President of MDA 2019/21



Dr Leong Kei Joe
President
Malaysian Dental Association



advice issued by MDA on this matter and to advise their patients and general public accordingly. For the purposes of educating the general public, MDA President together with Dr Kathiravan Perumal, President of Malaysian Orthodontic Practitioners Association went for a recorded session at BFM station on the 23 January 2020, to discuss on issues related to Fake Braces and Direct - to - Consumer Self Aligners.

In the first quarter of year 2020 MDA participated in a few meetings locally and abroad and I would like to share some of these activities here:

1. Cambodian Dental Association Meeting and Exhibition (CDAMEX 2020) on 10 – 11 January 2020 at Sokha Phnom Penh Hotel & Residence.
2. 40th Myanmar Dental Conference 2020, 7 – 9 February 2020 at Yangon, Myanmar. MDA was also honoured to sponsor a FDI speaker from Malaysia, Associate Professor Dr Firdaus Hariri, to speak at this event. We also witnessed the handing of chain of Presidency from Prof Dr Thein Kyu to Dr Myint Htain. The initial plan to jointly hold the 1st MDA – Myanmar Dental Association outreach program for oral cancer screening in Yangon was called off due to the concern of COVID-19 outbreak worldwide.
3. MAHSA Board of Studies to discuss on the new programme (Diploma in Dental Surgery Assistance) was held on the 10 February 2020 and was attended by Dr Mas Suryalis, Honorary Publication Secretary of MDA.



MDA President together with Dr Kathiravan Perumal, President of Malaysian Orthodontic Practitioners Association went for a recorded session at the BFM station.



Cambodian Dental Association Meeting and Exhibition (CDAMEX 2020).



40th Myanmar Dental Conference 2020.



12th MDA – USM Talk 2020.

4. Invitation to President of MDA by the Faculty of Dentistry Lincoln University College as Guest of Honour and Keynote Speaker at 3rd Lincoln University College Dental Research Colloquium, 12 February 2020.
5. 3rd MDA Council meeting on 23 February 2020 at Wisma MDA.
6. 12th MDA – USM Talk 2020 at the campus of the School of Dental Science, Universiti Sains Malaysia, 28 February 2020. The President of MDA was present as a speaker at this annual event and promoted the association to the students and dental practitioners. This event also attracted dental practitioners from neighbouring states such as Terengganu.
7. Pre – National Launching of World Oral Health Day 2020 activities. Prior to the announcement to call off the national launching of World Oral Health Day 2020 in Malaysia, MDA together with Oral Health Program, Ministry of Health Malaysia, had a few activities to promote World Oral Health Day to the general public. The theme of this year's celebration was "Unite for Mouth Health".
 - a. Photo competition for Dental Students, Dental Practitioners and general public. Please visit the MDA Homepage for more details.
 - b. Live Radio interview with Dr Doryalisa binti Zakaria, Ketua Penolong Pengarah Kanan,

Cawangan Promosi Kesihatan Pergigian, Kementerian Kesihatan Malaysia at Inspirasi Inforia Islami, IKIMfm, 4 March 2020.

<https://www.facebook.com/ikimfm/videos/191520195448114/>

- c. Live TV interview with Dr Salleh Bin Zakaria, Dental Public Health Specialist from Oral Health Program, and Associate Professor Dr Mas Suryalis, Honorary Publication Secretary of MDA, on TV2, 5 March 2020 <https://www.facebook.com/274376222695360/posts/1904764772989822?sfns=mo>



- d. Dental screening, consultation, treatment at Sri Kiambang, Selangor by Oral Health Program, Ministry of Health Malaysia, on 7 March 2020.

<https://www.facebook.com/203454779802473/posts/1631932240288046/>



- e. Live TV interview with Dr Doreyat Bin Jemun, Principal Director of Oral Health, Ministry of Health Malaysia, on Selamat Pagi Malaysia RTM TV1, 12 March 2020.

<https://www.facebook.com/274376222695360/posts/1910591525740480?sfns=mo>



Live TV interview with Dr Doreyat Bin Jemun, Principal Director of Oral Health, Ministry of Health Malaysia, on Selamat Pagi Malaysia RTM TV1.

Before I end my message, I would like to take this opportunity to remind all our members to continue to update ourselves through verified sources and advisories released pertaining to the escalating concern of COVID-19 outbreak in our country. We understand on the dire need to maintain reasonable supply of surgical facemask in the country not only for the medical counterparts but also for the dental fraternity. I urge the whole dental fraternity to play our role well when the need arises to help the nation to curb this outbreak. I strongly believe that we can overcome this ordeal if we all stay united. We need to play our part to educate our patients too. We do not know what further restrictions will be imposed on us, be directly or indirectly, but we need to comply with a sense of responsibility for the goodness of all. I understand that there are still many issues impacting the dental fraternity, such as those directly affecting the private sector. MDA will take the necessary actions to engage the new government administration on this matter.

Yours in MDA,
Dr Leong Kei Joe
President
Malaysian Dental Association

MDA Contingency Plans COVID-19

Dear Esteemed Members,

As we are all very well aware, our nation has now entered the second phase of the COVID-19 outbreak. The increase of positive cases has risen significantly within a short period of time. The actions taken by our Health Authorities is indeed commendable and they are still hard at work as we read this article. On this note everyone has an important role to play to ensure that the this outbreak is controlled quickly and effectively. As dental practitioners, we too are not relieved from this responsibility. In fact, as part of the healthcare system and mainly dealing with aerosol producing procedures we need to re-look at our daily routines and procedures by exploring the possibility of modifying our practices in this difficult time. Our Right Honorable Prime Minister, Tan Sri Muhyiddin Yassin, has announced to the nation on the Movement Control Order being imposed from 18th March 2020 to help further in the containment phase. Until a clearer directive from the Ministry of Health Malaysia on the operation of Dental Clinics, Malaysian Dental Association proposes the following protocol. All dental practitioners are advised to:

- Reduce your workload by only seeing emergency cases. Patients need to be informed early. All cases should be by appointments only if possible.
- Avoid overcrowding in the waiting area.
- Even in the event of an emergency, it is preferable to call the clinic on the appropriate time to come in.
- Avoid or limit aerosol generating procedures, and keep to the mandatory use of high volume suction with personal protective equipment(PPE).
- Dentists and assistants should be adequately protected from water droplets with facemasks, faceshields or goggles, headcovers and gloves.
- Any non-emergency or elective cases need to be rescheduled.

Message from the President and Council Members of MDA



Dr Leong Kei Joe
President
Malaysian Dental Association



- Patients should be screened as per our previous advisories before being seated at the waiting area or entry into the surgical room for treatment.
- Adhere to the Codes of Professional Conduct when rejecting patients or refusing treatments.
- Cutting tools and instruments must be autoclaved and equipment surfaces disinfected before and after each patient. The dental chair and surrounding surfaces must be disinfected and left for 10 minutes before and after each patient.
- Mouth-rinse with 0.2% chlorohexidine should be used before during and after any dental procedure
- All public areas of the clinic should be regularly disinfected 3-4 times a day.

The Malaysian Dental Association will continue to monitor and advice on the situation as best as we can and if further directives are received from Health Authorities. We welcome any feedback and information from our members.

Serving Together With You
President and Council
Malaysian Dental Association



Serving the underprivileged has always been a priority of the Malaysian Dental Association Eastern Zone (MDA Eastern Zone). The Zone continues to conduct Community Social Responsibility (CSR) programmes each year since its establishment 10 years ago.

Over the years, we have come to realise that many non-governmental organisations are keen on incorporating a dental component into their community service but lack the know-how. Hence, the idea for a forum between these NGOs was formulated in March 2019 during the 9th Borneo Dental Congress. It is also be timely as this marks yet another milestone for the MDA Eastern Zone to have its first forum in view of its 10th Anniversary in 2020.

The 2-day CSR Forum, led by Dr Then Poh Kiun was held on 29 February 2020 to 1 March 2020. There were 41 participants on Day 1 and 49 on Day 2. The group include representatives from the Ministry of Health, Ministry of Defence (MINDEF), Sarawak Convention Bureau and non-governmental organisations such as Tzu Chi International Medical Association (TIMA), Lions Club of Kuching City District, Sathya Sai Baba, The Institution of Engineers, Malaysia (IEM) Sarawak Branch and Pink & Teal EmpowHer.

The forum, themed “Passion: Pass It On” aimed to share knowledge on the proper planning and execution of dental community service programmes with the emphasis on safe practice. At the same time, it served as a platform for valuable exchange and collaboration between the various NGOs present.

MDA Eastern Zone Community Social Responsibility Forum - Passion: Pass It On

Reported by:
Dr Sim Wen Sann
Chairman MDAEZ 2019/2021



Participants from various organisations during the MDAEZ CSR Forum Day 1
Seated from left to right: Dr Lynn Ko Wei Linn, Dr Then Poh Kiun, Dr Ignatius Niap Tat Yuen, Dr Thaddius Herman Maling, Dr Sim Wen Sann, Kol (Dr) Hafsa Binti Othman, Dr James Chhoa Jau Min.

Day 1 of the CSR Forum was held at Imperial Hotel, Kuching where lectures on CSR initiatives in Sarawak, planning for community service, infection control and sustainability were delivered. The invited speakers were Dr Kong Lik Lin, Dr Lynn Ko Wei Linn, Dr Then Poh Kiun and Dr Thaddius Herman Maling. Participants had the opportunity to share their experiences with each other in the afternoon, and together they had a fruitful discussion on the way forward for the region. This experience sharing session was led by Dr James Chhoa Jau Min, Advisor of the MDA Eastern Zone.

A dental outreach was carried out on Day 2 of the programme to Kampung Mapu Kijabu, Mongkos, Serian and 3 other surrounding villages – Kampung Mapu Tragu, Kampung Mapu Sadong and Kampung Mapu Tantu. This actual field experience, focusing on an array of dental activities gave the participants a better idea on the execution of an outreach programme. The activities conducted were healthcare screening, toothbrushing demonstrations, oral hygiene instruction and dietary advice, story-telling for children and dental treatment.

Oral hygiene packs were also distributed to the villagers. They also received dental products relevant to their needs courtesy of Glaxosmithkline Consumer Healthcare Sdn Bhd.



Token of appreciation from Malaysian Dental Association Eastern Zone presented to Village Chief, Encik Kulin Pie of Kampung Mapu Kijabu.



Day 2 CSR Project to Kampung Mapu Kijabu, Mongkos organised by the MDA Eastern Zone in collaboration with Samarahan Divisional Dental Office and Ministry of Defence. Other NGOs present were Tzu Chi International Medical Association (TIMA), Lions Club of Kuching City District, Sathya Sai Baba and The Institution of Engineers, Malaysia (IEM) Sarawak Branch.

6 dental stations were set-up for dental treatments, which included dental examination, fluoride applications, fillings, scalings, extractions and dispensing of medications. These treatments were carried out by dentists from Sabah and Sarawak volunteering under MDAEZ as well as dentists from the Kota Samarahan Division and Ministry of Defence. A total of 145 villagers benefited from the programme.

The MDA Eastern Zone would like to thank all parties involved in making this event a success. Special thanks to Glaxosmithkline Consumer Healthcare Sdn Bhd and GC Asia Pte Limited for their kind sponsorship of products and materials, and to DenEast Sdn Bhd for their equipment support.



Toothbrushing drill.



Dental Treatment carried out included scaling, fillings, extraction and fluoride application.



Dental Treatment carried out included scaling, fillings, extraction and fluoride application.



Dental Exhibition & Education Station.

It is the aspiration of the MDA Eastern Zone that through this forum, more organisations are empowered to plan for dental outreach programmes in the future, for it is not enough to only have the passion ourselves but to pass that same spirit and know-how to others.



Dental Exhibition & Education Station.



Dental Education.

28-30 August 2020

Venue: Kuala Lumpur
Convention Center KLCC,
Kuala Lumpur



MIDEC 2020
MALAYSIA-INTERNATIONAL DENTAL
EXHIBITION AND CONFERENCE

Registration Opens
in February 2020
Super early bird registration
at SCATE 2020

Dr Kyle Stanley



Dr Dasera Raj Vedha Raj



Dr Justin Giam



Miss Kim Chow



Dr Shanon Patel



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Dr Dephne Leong



Dr Michael Dieter



Professor Dr Zhao Ying



Dr Giulio Pavolucci



Dr Elvin Leong



Dr Leong Kei Joe



Dr Firdaus Hanapiah



Dr Kyle Stanley



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Tentative programme

MIDEC 2020

28-30 August 2020

Venue: Kuala Lumpur
Convention Center KLCC,
Kuala Lumpur

Day 1 : 28 August 2020

Time / Hall	Plenary Hall	Conference Hall 1	Conference Hall 2 (Allied Health)
0730 - 0830	Registration		
0830 - 0930	CBCT Dr Shanon Patel	Dental Reporting : The Legal Perspective : Pn Nadzleen	Allied Health
0930 - 1000		Tea Break / Trade Exhibition	
1000 - 1030			
1030 - 1100	Tea Break / Trade Exhibition	TBC	Allied Health
1100 - 1130			
1130 - 1230	Endo Dr Shanon Patel		
1230 - 1400	Lunch Break / Trade Exhibition		
1400 - 1430			
1430 - 1500	Dr Giulio Pavolucci	Splendid Light for Oral Therapy - The Clinical Application of Multiple Wavelength Oral lasers Professor Dr Zhao Ying	Allied Health
1500 - 1530			
1530 - 1600	Tea Break / Trade Exhibition		
1600 - 1630	Digital Dentistry : Dr Justin Giam	MOH : Principal Director	Allied Health
1630 - 1700			

Day 2 : 29 August 2020

Time / Hall	Plenary Hall	Conference Hall 1 (Endo-Resto Symposium)	Conference Hall 2 (Specialist Association)
0730 - 0830	Registration		
0830 - 0930	Stress in Dentistry Dr Kyle Stanley	3D Endodontic Instrumentation and Rootfill Dr Dephne Leong	OMOP : Prof Khoo Suan Phaik
0930 - 1000			
1000 - 1030	Tea Break / Trade Exhibition		
1030 - 1100	Tea Break / Trade Exhibition	Perio endo lesion and crown lengthening MPS: Dr Rashidah Ayob	3D Printing to manage complex maxfac cases MAOMS : Dr Syahir Hassan
1100 - 1130	TBC		
1130 - 1230			
1230 - 1400	Lunch Break / Trade Exhibition		
1400 - 1430	Keynote Composite: Dr Michael Dieter (Ivoclar)	Restoring Endodontically Treated Teeth : Dr Elvin Leong	MAP : A/P Zuryati Ghani
1430 - 1500			
1500 - 1530	Tea Break / Trade Exhibition		
1530 - 1600	Paediatric Dentistry : Long Term Complication of Traumatized Permanent Teeth In Paediatric Patients and Its management Dr Leong Kei Joe	Endodontic Forum Dr Shalini, Dr Rashidah, Dr Dephne, Dr Shanon, Dr Elvin	Forensic Dentistry BG Dato' Dr Mohd Ilham Haron
1600 - 1630			

Day 3 : 30 August 2020

Time / Hall	Plenary Hall	Conference Hall 1	Conference Hall 2 (Academia)
0730 - 0830	Registration		
0830 - 0930	What is Occlusion Dr Igor Blum		Temporomandibular Disorders: Diagnosis and Current Clinical Management Approaches Dr Suresh KV
0930 - 1000			Motivational Interviewing in Dentistry : Making Every Contact Assoc. Prof. Dr Budi Aslinie Sabri
1000 - 1030		DPL Talk	Tea Break / Trade Exhibition
1030 - 1100	Tea Break / Trade Exhibition		
1100 - 1130		Special Needs Dr Daseraraj	Novel Strategies in Non-surgical Periodontal Therapy Dr Padmini Hari
1130 - 1230	TBC		Smart Prosthodontic Options for Seniors Assoc. Prof Noor Adeen Root Canal Morphology : Expect the Unexpected Dr Safura Anita Baharin Interactive Diagnostic Imaging In Dental Implantology: A Boon Or Bane Dr Anand Krishnan
1230 - 1400	Lunch Break / Trade Exhibition		
1400 - 1430	Dental Implant vs Tooth Transplantation in Adoloscence Dr Firdaus Hanapiah	Perspective Communication Mr Kim Chow	Relative Analgesia In Children - A Fun Adventure? Dr Norsamsu Arni
1430 - 1500			Flouridation Habit In Children : Is It Still Relevant? Dr Nurjehan Mohamed Ibrahim
1500 - 1530	Tea Break / Trade Exhibition		
1530 - 1600			Aesthetic Management of Permanent Anterior Teeth Affected by Molar Incisor Hypomineralisation Dr Noren Nur Hasmun
1600 - 1630	TBC		A Complicated Patient Or An Ignorant Dentist! Mastering Management of Medically Compromised Patients in Dentistry Dr Sudheesh K. M

Malaysia-International Dental Exhibition and Conference (MIDEC) 2020 ORAL & POSTER SCIENTIFIC PRESENTATION COMPETITION CALL FOR ABSTRACTS

INSTRUCTION TO AUTHORS

General information

1. Abstract submission date is from 1st February 2020 to 15th June 2020. Submission after this date will **NOT BE ACCEPTED**.
2. Full confirmation will be given after all the necessary corrections have been done and presenters have shown proof of registration as a conference participants.
3. Abstracts should report on **ORIGINAL** scientific research work or case report/study/series that has **NOT** been previously published.
4. One presenter can present **ONLY ONE** paper, but participation as a co-author in other papers is permissible.
5. The competition will have 2 categories:
 - Oral presentation: Postgraduate students/ dentists
 - Poster presentation: Undergraduate students
6. Prize is as follow:
 - Oral presentation: First Prize: RM1500, Second Prize: RM1200, Third Prize: RM1000
 - Poster presentation: First Prize: RM1000, Second Prize: RM800, Third Prize: RM500

Abstract guidelines

1. Submission is strictly via ONLINE. Presenters are to register online for the main conference first. Presenters will be given an official receipt with ID and password to log in and submit the abstract online.
2. All abstracts must be written in English following the standard format below.
3. Submitted abstracts will be reviewed according to the Scientific Committee's rulings and will be evaluated in terms of their appropriateness and overall quality. Abstracts will be assessed on their acceptability and eligibility as poster/oral presentation in a constructive an educational manner.

Disclaimer

The committee has the right to propose a change in the type of presentation as deemed necessary. The participants will be notified of the changes proposed for approval. Full registration will be forfeited upon no show for the presentation. Accepted abstract will be published on online Malaysian Dental Journal Archive.

Please contact the MDA Secretariat at 03-7887 6760, or email us at mdaassoc@mda.org.my should you require any assistance.

MIDEC 2020 ORAL & POSTER SCIENTIFIC PRESENTATION COMPETITION

Presenter's full name

Name of institution

Contact number

Email address

Presentation Category (√)

Oral (Postgraduate Student/Dentist)

Poster (Undergraduate student)

For oral presentation: Window / Apple

Declaration: I hereby certify that the abstract has not been previously published.

ABSTRACT FORMAT

Title: The title should be typed in **UPPER CASE**

Author(s): Full name of author(s) in sentence case. The first name should precede the surname (underlined). The presenting author's name should be in bold. e.g.: John Snow, **Tyrian Lannister**, Sansa Stark.

Affiliation Details: The affiliation details of all authors (department, institution/ hospital, city/ town, state (if relevant) and country should be typed to correspond with the indices indicated next to the author(s) name. e.g. 1Hospital XYZ, Kuala Lumpur, Malaysia. 2Hospital ABC, Selangor, Malaysia.

(Abstract text word limit: 250 words; Font size: Arial, size 12 font ; Text justification: Full; Spacing: Single).

Aim:

Material and Methods:

Results:

Conclusions:

IMPORTANT DATES & DEADLINES

Abstract submission opens

1 Feb 2020

Abstract submission closes

15 June 2020,

11:59pm (GMT+8)

Abstract acceptance announcements

1 July 2020

Final presentation instructions emailed to presenters

29 July 2020

Oral & poster presentation

29 August 2020

Malaysia-International Dental Exhibition and Conference (MIDEC) 2020 POSTER PRESENTATION GUIDELINES

Guidelines

- Poster presenters have ten (10) minutes for presentation and five (5) minutes for question and answer with the judges
- The first bell will ring at the 7th minute, the second bell will ring at the 10th minute to indicate end of presentation and the third bell will ring at the 15th minute to indicate end of question and answer
- The session chair will hold you to this time. It is advisable to rehearse your presentation prior to the congress to ascertain that the time is not exceeded
- Please be sure to be present at the poster exhibit area at least 15 minutes before your scheduled presentation

Equipment

- The recommended poster size is A0, which is equivalent to 1189 mm (height) X 841 mm (width) presented in a portrait format
- Presenters are to bring their own Velcro tape/ double sided tape/ thumb tacks or any other pasting materials to mount their poster on the display board.

Venue

- Venue will be informed by email to accepted and registered presenters by 29th July 2020.

Schedule

- Poster presentation will be held on 29th August 2020.
- Presentation sequence and time will be informed by email to accepted and registered presenters by 29th July 2020. The presentation sequence will be used to locate assigned poster board in the exhibit area.
- You must set up your poster by 5pm on 28th August 2020 (GMT+8).
- You are required to stay at your poster at your assigned presentation time.
- Posters must remain up throughout the congress until 30th August 2020 2:00pm (GMT+8).
- You may take down your poster on 30th August 2020 between 2:00pm to 5:00pm (GMT+8).
- All posters still in place after 30th August 2020 5:00pm (GMT+8) will be disposed.
- The organizing committee will not be responsible for posters and materials left on poster boards after the stated hours.



CALL FOR

ABSTRACT

19TH PENANG DENTAL CONGRESS
ORAL & POSTER PRESENTATION

KEY DATES TO NOTE

ABSTRACT SUBMISSION OPENS
1ST DECEMBER 2019

ABSTRACT SUBMISSION CLOSES
1ST AUGUST 2020

ABSTRACT ACCEPTANCE ANNOUNCEMENT
1ST SEPTEMBER 2020

CPD POINTS

*5 for presenters

*Pending MDC
approval

For enquiries, please contact Dr Alan Liaw / Dr Kweh Ting Jing at
pd2020.onp@gmail.com



19TH PENANG DENTAL CONGRESS 2020



Together, We Strive For Excellence

MAIN CONGRESS & TRADE EXHIBITION
9th - 11th OCTOBER 2020

POST- CONGRESS WORKSHOP
12th OCTOBER 2020

Equatorial Hotel, Penang



POST CONGRESS WORKSHOP



MAIN CONGRESS

Speakers



Orthodontics Masterclass
By Dr Derek Mahony



Empower Yourself Academically :
Tips To Get Your Work Published
By Prof David Ngeow



Aesthetic Composite
By Dr Rizal Rizky Akbar
**To Be Announced*



CBCT : Interactive Hands On Workshop
By 1) Assoc Prof Dr Lahari A Telang
2) Dr Anand Krishnan



Dr Rashid Tahir



Prof Chew Chong Lin



Prof David Ngeow



Dr Carlos Augusto



Dr Rizal Rizky Akbar



ORAL & POSTER PRESENTATION
CALL FOR ABSTRACT

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 Penang Dental Congress

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By Dr Derek Maloney

12th October 2020

Equatorial Hotel, Penang



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- Vertical Maxillary Excess
- Autorotation Of The Mandibles
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MDANZ CSR Programme

Reported by:
Dr Yvonne Ng



On 1 January 2020, MDA Northern Zone paid a visit to Yee Ran Jing Sheh Handicapped Centre as part of corporate social responsibility programme. Yee Ran Jing Sheh is a small two single storey, spastic handicapped home and a non-profit organisation that is totally dependent on public and corporate funds, with no aid from the government agencies or the families of the residents.

The home provides shelters, education, care, mental health to the handicapped. The home had 64 residents of all ages, from children to old adults of both sexes. It is situated at Jalan Belimbing in Bukit Tengah, Bukit Mertajam. A group of 5 committee members from this handicapped association manage the home, headed by Mr Chuah Kwang Kooi. Although the home is a Buddhist association, it is open to the handicapped of all races and religions.

Approximately RM20,000 is needed per month to manage the home which includes paying the staff, shelter, food, clothing, pampers and medical expenses. To supplement the income they also collect old clothes and recycling items to be sold. Although the response from the public is generally good there are however times when they are acutely short of funds.

In the spirit of the lunar festival, MDANZ was pleased to share the festive joy with the underprivileged of Association Y. R. J. S Handicapped Children's Home. During the visit, a donation in the form of food, daily necessities and medication was provided. MDANZ hopes that these humble donations will bring positive changes to the community and beyond.

The 27th MDA Scientific Convention and Trade Exhibition (SCATE) 2020 was successfully held on 14 – 16 February 2020 at Kuala Lumpur Convention Centre (KLCC), with the participation of more than 1,000 local and international dentists despite the incident of Covid-19 outbreak.

This annual event is part of our MDA continued campaign to enhance the skill and knowledge of our dental profession while providing dental traders an opportunity to display the latest technology which could be purchased and utilised by dental colleagues. An event of such magnitude also provides good opportunity for networking and fostering friendship.

The main scientific program received the speakers from trade, academia, affiliate societies, dental division of Ministry of Health, Medical Device Authority, FDI and private practitioners covering a diverse range of topics addressing all disciplines in Dentistry and other related issues.

MDA SCATE 2020

Reported by:
Dr Tai Meng Wei



In addition to this, the committee introduced a new segment, the SCATE forum with the title of Embracing your inner Zen: Alleviating work related stress and anxiety. A series of questions related to stress derived from work had been presented to our panelists and they were generous in sharing their personal accounts on overcoming challenges in life. It was an interactive session filled with insights of dental clinician's struggles and hurdles, rather depressing at some point.

This year, we had 7 oral and 6 poster presentations. The best oral presentation award was given to Leng Wei from SEGi University, and the best poster presentation award was given to Galvin Sim Siang Lin from School of Dental Sciences, Universiti Sains Malaysia.







The intervarsity debate competition also marked a success with a total of 11 out of 13 dental universities participating, collaborating with MDA Toastmasters Club and MDSA. The winner of the competition was the debate team from Faculty of Dentistry, Lincoln University.

On the other hand, delegates also had the chance to browse through more than 200 exhibition booths which displayed their latest and finest technology in dental materials and equipment. MDA would like to thank platinum sponsor GSK, gold sponsor Colgate-Palmolive and members of the dental trade industry for their undivided support.







Due to the Covid-19 epidemic, the organising committee had to face the challenges and difficulty before and during the event. One of the lectures by Professor Dr Adrian Yap from Singapore was converted into a webinar format due to DORSCON orange level alert resulting in a travel ban by the National University of Singapore. The organising committee also placed control measures throughout the event including body temperature screening and easy accessibility to hand sanitisers, to reduce the risk of disease transmission.





MDA SCATE 2020 was the pinnacle of a year's back stage planning and preparation by a small dedicated group of dentists from all over Malaysia, led by MDA President Dr Leong Kei Joe and MDA SCATE 2020 Organising Chairperson Dr Lim Chiew Wooi.





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Leading MDA During A Pandemic

Dr Leong Kei Joe balances his duties at the Health Ministry while addressing concerns of dental practitioners during this health crisis.

Interviewee:

Dr Leong Kei Joe, Specialist in Paediatric Dentistry, Health Ministry, Malaysia

By:

Khaw Chia Hui



What are the factors that influenced your chosen career?

In my early school days in Selangor, I have a great passion for science. I thought I could be a scientist one day and work in a laboratory. But I suppose my art hobby influenced my career choice later on. I soon realised that in dentistry, there is as much science as there is art in it. I was very lucky to be offered a scholarship to pursue dentistry in Indonesia.

Now, I working for the Ministry of Health as a specialist in paediatric dentistry.

Why did you stay in public service?

There is still so much the ministry needs to do for the public. More importantly, the satisfaction in public service is my main driving force in continuing my work. This satisfaction does not always translate to monetary value, which to me, is not on the top of list.

The ministry has offered me an opportunity to further my postgraduate training in Paediatric Dentistry. Although most of us see managing children in dentistry as a challenge, seeing a child relieved from dental suffering makes it all worthwhile. In addition, a child could also change his/her perception of dentistry for the better, is just awesome.

What is your opinion on Malaysia's current dental health?

We are now in the 21st century and yet we are still fighting an old enemy – caries. This is preventable disease that affects our teeth leading to decay, and if left untreated causes severe morbidity, and even mortality in some cases that present in very late stages of infection.

We must understand that the delivery of dental services are not only by the private and the Ministry of Health. We have dental services provided by the professionals from the academia and the Malaysian Armed Forces.

I would say that Malaysia probably is one of the best in the world in terms of provision of dental services in the schools, kindergartens, and nurseries. Our nation is fighting well in terms managing caries.

What are some of the data that points to that?

We see reduction in caries prevalence among children age 5 years over the past 10 years. This is good but there is much more to do. A similar pattern is also recognised in older groups of children.

This mammoth task is not be shouldered by the dental practitioners alone. It is not just a call for duty by the dental practitioners, but also our medical counterparts who impart the impact of poor oral health to the general health, our medical nurses who can impart knowledge on the importance of good oral care during pregnancy and to their children when they visit antenatal clinics for check-ups.

Hence, there is a strong need to consolidate our efforts to win this battle. The burden of combatting oral disease is compounded by its associated comorbidities with other non-communicable diseases (NCDs), such as diabetes, cardiovascular disease, respiratory disease, and gastrointestinal and pancreatic cancers.

Malaysia's National Health and Morbidity Survey (NHMS) conducted in 2015 found only 27.8% (8.1 million) of the population had a dental visit in the last one year. The National Oral Health Survey of Adults (NOHSA) 2010 by Oral Health Division showed that 94% of adults in Malaysia has some form periodontal disease while the prevalence of dental caries is 89.4% among adults.

There is a need to change the mentality of our dental practitioners that they can only serve when there is a dental chair. There is vital role that we could play by going to communities to promote good oral health, and the need for prevention for common oral issues such as caries and gum diseases.

You have been an active MDA member for many years. What are your thoughts on helming the organisation?

I was officially approved of my membership in 1997, signed by then president Dr Tan Yoke Sing. I am truly proud to be a member of MDA and I still have that letter with me.

Since elected president, the first thing that comes to mind is, "Can I offer my very best, in mind, in spirit, in strength, to the association".

I have the opportunity to serve the association over many years, holding various portfolios, from a Zone Executive member, Zone Treasurer, Zone Secretary, Zone Chairman, Elected Council member, Honorary Publication Secretary and Honorary General Secretary, and even organised national and zone dental congresses.

Even with that, I still feel there is a need to continuously learn in serving the association. One of the most valuable experience that I gather is the need to work as a team with true humility. I am so grateful for supportive council members who are experienced and always ready to share their views.

What are your challenges in heading MDA and common challenges dental surgeons in Malaysia face?

Like working in any large organisation, we are bound to face many differing opinions. This is the reality for anyone taking public office. It is not easy to make decisions that could satisfy all members. I have often made it very clear, that despite my position in the public sector, which of course in govern by codes and general orders, the statements made are truly the aspiration of the association.

The challenges faced by former MDA presidents and dental practitioners are different from the yesteryears. Fake dentists in recent years, have caused lots of concern among dental professionals.

The dangers of fake dentistry, often rendering sub-standard care needs, needs to be made aware to the public. Unfortunately, many victims are still reluctant to file complaints.

We also have issues of beauticians providing services that involve the oral cavity. Also, the trend of DIY dental treatments where one can order them online, often skipping the need to have a proper examinations at dental clinics.

Meanwhile, the number of dental practitioners has increased significantly over the years. The limited availability of permanent posts in the Health Ministry, coupled with those who wish to venture into the private sectors, may have in many ways heightened the competition among private dental clinics with some resorting to unethical promotion of their services.

Apart from that, stringent rules and regulations imposed on the private sectors have often lead to difficulties, often prolonged, in setting up clinics. I trust that the association will continue to seriously take up these issues to ensure public safety and safeguard the welfare of our dental colleagues.

What are your thoughts on the coronavirus pandemic?

The COVID-19 pandemic has hit many countries, more than 180 countries, and Malaysia is no exception. The movement control order (MCO) that was enforced since March 18 as part of the nation's plan to battle this pandemic has forced all dental clinics to limit their practice to only emergency cases, despite dental service is one of the essential services.

This decision is necessary to restrict unnecessary public movement. All elective procedures and aerosol generating procedures, such as drilling using high-speed hand pieces and ultrasonic scaling, are currently postponed.

Although, transmission of the virus is often via droplets, the aerosol generated by some dental procedures can stay airborne for up to 30 minutes or more. Recognising the gravity of the situation, dental clinics have moved to protect their staff and patients.

Since the COVID-19 outbreak is declared a pandemic, the MDA council has been constantly updating information and guidelines from the Health Director-General of Health, Health Ministry, Oral Health Programme and the enforcement unit for private healthcare facilities (known as CKAPS)

There is a need to inform dental practitioners on how this pandemic could affect their practice.

What is your advice to MDA members who may be facing economic hardship due to the MCO?

Patient attendance is severely reduced, with some clinics closing temporarily, while still having to pay salaries, rental, loans and personal expenses.

I foresee that even after our country exits MCO, business will not return back to normal just yet.

We are truly grateful that the government of the day has provided financial stimulation packages such as wages subsidies for dental auxiliary staff and moratorium on bank loan repayments.

Unfortunately, some of the private dental practitioners have taken loans from leasing companies and do not



benefit from the moratorium. For this matter, MDA has written in to the Finance Ministry to appeal that such moratorium be extended to include leasing companies. MDA is providing supporting letters to members who wish to discuss repayment options with leasing companies and landlords.

I would like to assure our members that we are currently working hard to produce an advisory suitable to meet the new norm of dental practice in Malaysia after we exit MCO.

Seeing that we are currently in the midst of a pandemic, what role can dental surgeons play in the public healthcare system?

Like other healthcare workers, we have dental practitioners standing in as frontliners to help our medical colleagues performing COVID-19 screening by taking swabs.

While rank and file are set aside, there are dental specialists who are helping to sew isolation gowns to meet to increasing demand for personal protective equipment in hospitals.

Dental practitioners are called to continuously practice universal standard precaution for infection control in clinics. Dental practitioners work in close proximity to the oral cavity, placing themselves at high risk and this calls for heightened caution in times like this. I hope all practitioners stay safe at all times.

How do you juggle between managing your work and MDA duties?

The fact that I practice in Kota Kinabalu and Wisma MDA is in Petaling Jaya, truly calls for the need for good time management.

It is important to look at this “struggle” positively as a fulfilment of my passion to assist our dental fraternity. Empowering the council members is important so all of us play our part like pieces of a jigsaw puzzle to be fitted together to form a beautiful picture.

What are your thoughts on the new generation of dental surgeons?

The new generation of dental surgeons are so privileged to be in the era where information are easily available. The new generation of dental practitioners need to continuously tap into reliable sources to put science and evidence into practice.

My personal encounters reveal the need to help new practitioners to face the reality of a dental practice. There is a need to look at the patient as a whole.

We need to look at ourselves as oral physicians, not just dishing out treatments but also prevention. There is a need to put together our knowledge of physiology and pathology, and apply them accordingly. We cannot regard ourselves as second-class doctors just because we treat teeth. In fact, we are experts in the oral maxillofacial area.

Apart from our clinical skills, another important aspect often forgotten or taken lightly, is having a human connection with our patients. Communication skills, empathy, and emotional quotient are equally important.

In your opinion, what contributions/roles professional associations such as MDA can help in improving the field of dentistry?

- Organising international conferences/congresses to share expertise and knowledge with our fellow dental practitioners in Malaysia;
- Working together the respective authorities on policies and regulations that will have impact on the practice of dentistry in Malaysia;
- Foster a close relationship with dental associations in the region to share knowledge and experience on common matters, such as fake dentistry, DIY online dental treatment and the practice of dentistry during this pandemic; and
- Advocate and educate the public on good oral health.

Empowering the council members is important so all of us play our part like pieces of a jigsaw puzzle to be fitted together to form a beautiful picture.

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COVID-19 Pandemic

By:

Dr Sharon Tay Hui Wen

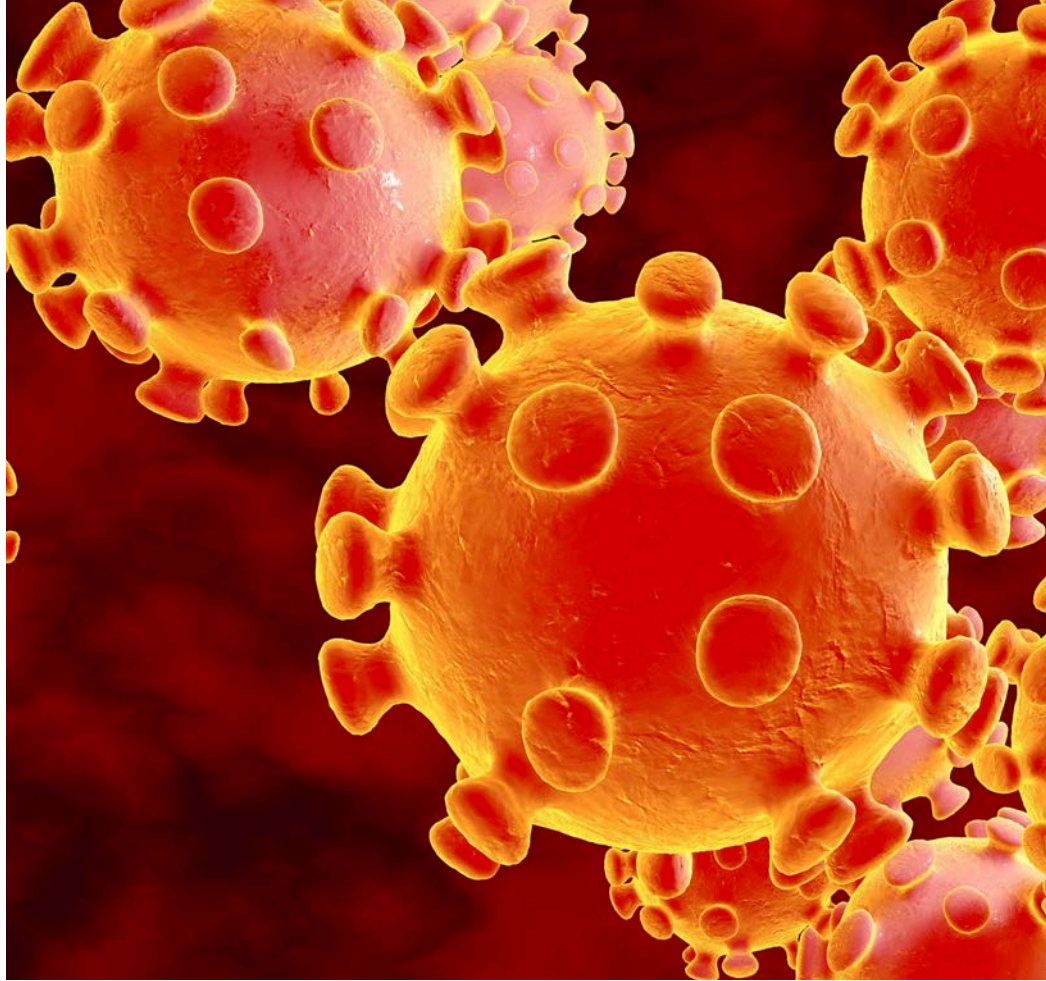
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Assoc Prof Dr Mas Suryalis Ahmad

Specialist in Special Care Dentistry, Deputy Dean
(Student Affairs and Alumni),
Faculty of Dentistry, Universiti Teknologi MARA.

Dr Nurul 'Izzah Mohd Sarmin

Senior Lecturer in Microbiology,
Centre of Preclinical Science Studies,
Faculty of Dentistry, Universiti Teknologi MARA.



What is Coronavirus and COVID-19?

In December 2019, cases of pneumonia of unknown aetiology in Wuhan City, Hubei Province of China had been reported. A newly emerged coronavirus virus, thought to have originated in a food market in Wuhan, was identified as the causative virus by Chinese Authorities in January 2020.

Originally known as Wuhan Coronavirus, it has been re-named as “severe acute respiratory syndrome coronavirus 2” (SARS-CoV-2) and the disease it causes as “coronavirus disease 2019” (“COVID-19”).

Mode of Transmission

COVID-19 is spread primarily via respiratory droplets or close contact:

- Inhale infected droplets
- Enter via the nose, mouth or eyes when touched with contaminated hands

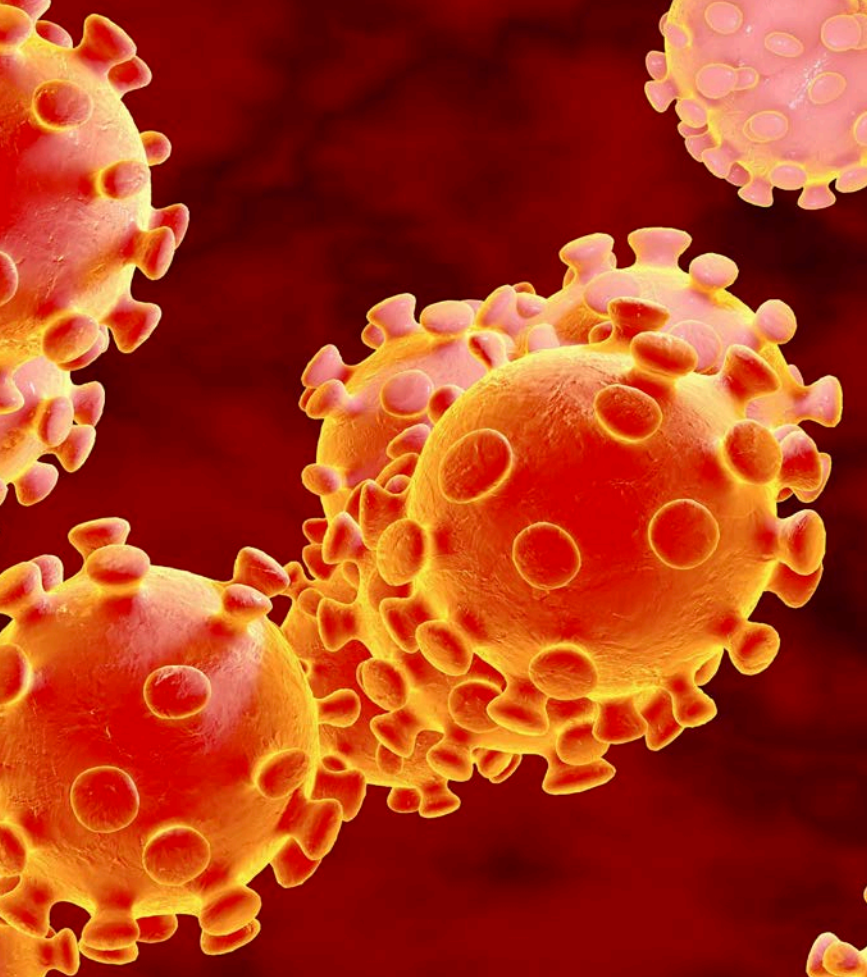
Direct person-to-person transmission usually only happens when people are in close contact.

Studies have suggested COVID-19 may survive on surfaces for a few hours up to 9 days, which may vary under different conditions such as temperature and humidity.

Signs and Symptoms

Symptoms of human coronaviruses may be very mild or more serious, such as:

- Fever
- Tiredness



- Dry cough
- Difficulty in breathing

Symptoms may take up to 14 days to appear after exposure to the virus. Some individuals with COVID-19 may experience only mild symptoms. The risk of catching COVID-19 from an individual with no symptoms at all is very low.

The mortality rate has been reported as approximately 2.2 percent.

Facts and Figures

- 30 January 2020, the World Health Organization declared the outbreak of novel coronavirus 2019-nCoV as a Public Health Emergency of International Concern (PHEIC).
- Most patients with COVID-19 among the first cluster of pneumonia cases were exposed to the Huanan seafood market. Currently, there is no evidence suggesting a specific wildlife host as a virus reservoir.
- Sudden increases of cases in Italy, the Islamic Republic of Iran and the Republic of Korea have been reported most recently.
- Deaths have also been confirmed in Hong Kong, the Philippines, Japan, France, Taiwan, Iran and South Korea.
- Over 27,471 people have recovered from COVID-19 worldwide (as of 11 March 2020).

Signs and Symptoms



Fever



Tiredness



Dry cough



Difficulty in breathing

What to Do to Protect Yourself

- **Frequent Hand Wash**
Wash your hands regularly and thoroughly with soap and water or an alcohol-based (at least 60%) hand rub for at least 20 seconds.
- **Maintain Social Distancing**
WHO advised a one metre distance between yourself and someone who is coughing or sneezing.
- **Avoid Touching Nose, Eyes and Mouth**
Your hands may be contaminated with virus and enter your body via these membranes.
- **Practise Good Respiratory Hygiene**
Cover your nose and mouth when coughing or sneezing as droplets spread the virus.
- **Seek Medical Attention Early**
Stay at home if you feel unwell to protect yourself and others from COVID-19 or other viruses. Seek medical care if you develop symptoms of fever, cough and difficulty in breathing.

Wearing Masks

If you are healthy, you need to wear a mask when you are likely to be in close contact with someone infected. If you are showing symptoms or have been diagnosed with COVID-19, wearing a mask also can protect others. However wearing mask when you are healthy and just walking around may probably make little difference.

Travel Advice

WHO did not recommend any travel or trade restrictions. However, travellers should avoid or consider postponing all non-essential travels, especially to China.

Myths Busters

1. **Pets at home can spread the new coronavirus (COVID-19).**
Myth. At present, there is no evidence that pets such as dogs or cats can be infected with the new coronavirus.
2. **There is vaccines that protect you against the new coronavirus.**
Myth. Vaccines against pneumonia, such as pneumococcal vaccine are effective against bacterial pneumonia whereas COVID-19 is a viral pneumonia,

so it's not going to work. Flu vaccine such as Haemophilus influenza type B (Hib) vaccine, will only help prevent you from getting flu but not the COVID-19.

3. **Using hand dryers or ultraviolet disinfection lamps will kill the virus.**

Myth. UV lamps should not be used to sterilize hands or other areas of skin as it can cause skin irritation. Hand dryers are not effective in killing the virus.

4. **COVID-19 is a bigger risk to our health than Influenza.**

Myth. At present, Influenza is having a bigger impact on the United States than COVID-19, with 22 million people affected, but Covid-19 is about 10 times more deadly than the seasonal flu.

What Has Been Done So Far

- China has put 46 million people on a lockdown.
- In Malaysia, the Ministry of Health has proactively strengthened the Covid-19 surveillance system to detect influenza-like illness (ILI) and local cases in the community.

COVID-19 in the Dental Healthcare Setting

Informational handouts and guidelines have been released by authorities in the US (American Dental Association), the UK (British Dental Association) and Australia (Australian Dental Association). In managing the risks in GDP, your clinic staff may call up patients to check with them if they have any lower respiratory infection symptoms / travelled to China or have been in close contact with a confirmed or suspected case of COVID-19. It is recommended to delay any non-urgent dental appointments.

The Oral Health Programme, Ministry of Health Malaysia has also come up with 'Prosedur Pengendalian Saringan 2019-nCov di Klinik Pergigian'.

All dentists are advised to adhere strictly to standard precautions and correct use of personal protective equipment (PPE).

Conclusion

Each individual plays a pivotal role in the prevention of transmission in this global outbreak of COVID-19. Public stigmatisation and harmful stereotypes should not be condoned as this might lead to individuals hiding their illness to avoid discrimination or prevent them from seeking healthcare immediately.

What To Do To Protect Yourself



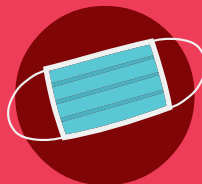
Frequent Hand Wash



Maintain Social Distancing



Avoid Touching Nose, Eyes and Mouth



Practise Good Respiratory Hygiene



Seek Medical Attention Early

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Stay at home if you feel unwell to protect yourself and others from COVID-19 or other viruses.



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